

# Youth Suicide Prevention Strategy Education Initiatives Task Team

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Co-led:

Education and Advanced Learning  
Healthy Child Manitoba Office

Manitoba



# About YSPSEITT

- A subgroup under the ***Reclaiming Hope: Provincial Youth Suicide Prevention Strategy***
- To support schools and alternative education settings in their work to prevent the tragedy of suicide and suicide related thoughts and behaviours.
- Annual budget to support capacity building, resource development, evaluation and adherence to Best Practices

# Committee Members

- CMHA Winnipeg
- Northern Health Region
- Family Services
- Interlake Eastern RHA
- Healthy Living Mental Health Spiritual Care Branch
- Klinik
- MFNERC
- Office of the Children's Advocate
- SSAAM
- Winnipeg RHA

# Best Practices in School-based Suicide Prevention: A Comprehensive Approach

- Completed in 2014
- Encompasses current best practice information using a whole school approach
- Postvention section
- Overview sessions held in WPG, Brandon, The Pas in 2014-15

# Everyone Matters High School Education and Awareness Program

- Video developed in partnership with Klinic and Freeze Frame Inc.
- Accompanied by facilitation guide
- Piloted in 3 schools and evaluated by Carlos Campos of Klinic
- <https://vimeo.com/151780467>

# Everyone Matters Manitoba Website

- [www.everyonemattersmanitoba.ca](http://www.everyonemattersmanitoba.ca)
- Content development done in collaboration with CMHA Winnipeg
- Intended to provide most up-to-date information on suicide prevention, intervention and postvention to schools and communities and to promote collaboration

# Capacity Building – Gatekeeper Training

- safeTALK – funded and organized a training for trainers which 30 people completed
- ASIST – funding and organizing a training of 30 school personnel

## Webinar Series

- Anti-bullying and suicide-prevention – Kate Roberts presented May 2015
- Planning for upcoming topics
- Adapting standard interventions for children with neurodevelopmental issues – spring 2016
- Non-suicidal Self-injury, Suicide Contagion



# Evaluation Projects

- Robb Nash – contributed funding to an evaluation project – completed
- Choices II Reaching Out – Contracted with Cynthia Carr of EpiResearch, being carried out in Thompson area
- Mental Health High School Curriculum Guide (Stan Kutcher) – HCMO led evaluation
- Body Positive Project – WHC/Ecole Seven Oaks Middle School, 3 year evaluation ending April 2017
- SafeTALK – Contracted with Kaplan Research Associates, ending April 2017

# Questions/Comments?

*“Once you choose hope,  
anything's possible.”*

~Christopher Reeve